PLANT FACT SHEET

Caralluma flava N. E. Brown

GENUS *Caralluma* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Flowers

The young stems are eaten fresh. They are mildly bitter.

DESCRIPTION

A succulent herb. It is angular and without leaves. It forms clumps 30 cm tall and 50 cm across. The stems are pale green and can have a reddish tinge. The stems are 4 angled and 1.5-2 cm across. The flowers are at the tip of the shoots and there can be 15-30 flowers in a group. They are yellow. The fruit are follicles in pairs. These are 10-11 cm long by 0.5 cm wide.

HABITAT

It is a Mediterranean plant.

NOTES

There are about 56-100 Caralluma species. These are sometimes put in the Asclepiadaceae.
It can inhibit some cancer cells.

REFERENCES

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