PLANT FACT SHEET

Myrtus nivellei Batt. & Trab.

GENUS *Myrtus* **FAMILY** Myrtaceae

COMMON NAMES Saharan myrtle

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Essential oils, Medicine

The leaves are used for flavouring and as a medicine.

DESCRIPTION

A shrub or small tree. The leaves are long and narrowly oval. The flowers are white.

HABITAT

It is a Mediterranean plant. It grows in the desert. It has been recorded at 1,600 m above sea level.

REFERENCES

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35e20c6b-bd11-478b-bcc5-a5922d70ee7b