PLANT FACT SHEET

Mussaenda macrophylla Wall.

GENUS *Mussaenda* **FAMILY** Rubiaceae

COMMON NAMES Sweet root

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The shoots are cut into small pieces and cooked with meat.
The young leaves are eaten raw in salads.

DESCRIPTION

A shrub. It can be erect or climbing. The stems are angular. The leaves are opposite and12-21 cm long by 8-11 cm wide.

HABITAT

It is a tropical plant. It grows from sea level to 1,300 m above sea level.

REFERENCES

Ethnobotany of Karbis. Chapter 4 in p 84

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 155

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35f0a280-83f4-4c86-b824-0a9de985b342