PLANT FACT SHEET

Baccharoides anthelmintica (L.) Moench

GENUS *Baccharoides* **FAMILY** Asteraceae

COMMON NAMES Ironweed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 60 cm tall. The leaves are oval and 1.5-4.5 cm long. They have short hairs on both sides.

HABITAT

It is a tropical plant.

REFERENCES

Golait, S. D., et al, 2021, Documentation of Wild Edible Leafy Vegetable Traditionally Used by Tribal and Rural Communities of North Maharashtra, India. Plantae Scientia : Volume 04, Issue 03, May 2021 (As Vernonia anthelmintica)

Kumar, R. & Saikia, P., 2020, Wild edible plants of Jharkhand and their utilitarian perspectives. Indian Journal of Traditional Knowledge Vol 19 (2), April 2020, pp 237-250

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3614a71e-b302-4647-b2dc-04bdbbd8b3b7