PLANT FACT SHEET

Brassica rapa var. japonica

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Potherb mustard, Japanese mustard

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a potherb, pickled or added to soups.

DESCRIPTION

A cabbage family herb.

HABITAT

It is a temperate plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 55
Herklots,
Tanaka,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/36245eb7-dcdb-4730-8bd5-209c02ee6dc2