PLANT FACT SHEET

Wurfbainia vera Pierre ex Gagnep.

GENUS *Wurfbainia* **FAMILY** Zingiberaceae

COMMON NAMES White fruit amomum, Cambodian cardamom

EDIBLE PARTS AND USES

Edible parts: Fruit - spice

The fruit are used to flavour curries, sausages and drinks.

DESCRIPTION

A ginger family herb. The leafy shoots can be 3 m tall. It has an underground stem or rhizome. The flowers are small and white in a cluster. The fruit are small and reddish.

HABITAT

It is a tropical plant. It grows below 300 m above sea level.

REFERENCES

Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. Bioversity International. p 100 (As Amomum krervanh)

Lu, C.L., Zhao, H. Y. and Jiang, J. G., 2013, Evaluation of multi-activites of 14 edible species from Zingiberaceae. Int. J. Food Sci Nutr. 64(1):28-35 (As Amomum krervanh)

Maisuthisakul, P., 2012, Phenolic Constituents and Antioxidant Properties of some Thai Plants. Chp. 9 in Book Phytochemicals - A Global Perspective of Their Role in Nutrition and Health (Possibly Amomum verum)

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 47 (As Amomum krervanh)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 64 (As Amomum krervanh)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/36427b79-cd10-45e3-a0d0-fe74d933b3f0