PLANT FACT SHEET

Begonia silletensis (A. DC.) C. B. Clarke

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads.

DESCRIPTION

A herb. It grows 20-50 cm tall. The leaves are heart shaped. The flowers are white.

HABITAT

It is a subtropical plant.

REFERENCES

Balkrishna, A., et al, 2022, Indigenous Uses of Plants among Forest-dependent Communities of Seijosa, Arunachal Pradesh. International Journal of Economic Plants 2022, 9(1):064-080

Gogoi, D, et al, 2023, Foods from the wild. A review on the diversity and use pattern of wild edible plants of Arunachal Himalaya for sustainable management. Plant Science Today Vol.10 No.1

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/367b9e79-7d31-4598-a236-3cdc225ddd33