PLANT FACT SHEET

Hericium coralloides (Scop.) Pers.

GENUS *Hericium* **FAMILY** Hydnaceae

COMMON NAMES Bear's head, Fungus icicles, Monkey's head mushroom

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

The fruiting bodies are eaten. They need to be boiled in water for a few minutes then well drained before cooking. They should be slowly sauteed in butter and served with vegetables.
They can be chopped and added to sauces and gravies.

DESCRIPTION

A mushroom. The fruiting bodies are large and pure white. They have many fine branches.

HABITAT

It is a temperate plant. It grows on tree trunks.

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