PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Fritillaria thunbergii Miq.

GENUS *Fritillaria* **FAMILY** Liliaceae

COMMON NAMES Zhe Bei Mu

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Flowers, Bulbs

Caution: It is dangerous in large amounts. It is mostly used in medicine.
The young plants and flower buds are used as potherbs.
The bulbs are fried and eaten.

DESCRIPTION

A bulb plant. The bulb has 2 or 3 scales. It is oval and 1-3 cm across. The stem is 15-80 cm high. There are 12-20 leaves which are alternate or in rings. The leaf blade is long and narrow. It is 7-11 cm long by 1-2.5 cm wide. There are 1-6 flowers in the flower arrangement. The flowers are nodding. They are yellow sometimes tinged with purple. The fruit is a capsule with broad wings. The wings are 6-8 mm wide.

HABITAT

It is a temperate plant. It grows in bamboo forests and shady moist places from near sea level to 600 m in China.

NOTES

There are about 100 Fritillaria species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3709fc23-5503-43b6-85b4-73c84da0261a