PLANT FACT SHEET

Viola nuttallii Pursh

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Nuttall's violet, Yellow prairie violet

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Tea

The young leaves and flowers are eaten and made into tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 914

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3716e777-0603-4cfa-897d-8278e55972eb