PLANT FACT SHEET

Solidago graminifolia (L.) Salisb.

GENUS *Solidago* **FAMILY** Asteraceae

COMMON NAMES Fragrant goldenrod

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The fresh or dried leaves are used for tea.
The flowers yield and rich honey.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 42
http://www.botanic-gardens-ljubljana.com/en/plants
Prodromus stirpium in horto ad Chapel Allerton vigentium 199. 1796

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/371fe036-ddee-4512-88f8-bca86363d6e6