PLANT FACT SHEET

Dioscorea mexicana Scheidw.

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Shoots

The tubers and shoots are eaten cooked.

DESCRIPTION

A yam vine.

HABITAT

It is a tropical plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 309 (As Dioscorea macrostachya)

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 36

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3729c293-cdae-4aa8-8120-a33a36941bae