PLANT FACT SHEET

Indigofera bainesii Baker

GENUS *Indigofera* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are chewed and possibly also used for a drink.

DESCRIPTION

A small shrub. The branches are woody and angular towards the ends. The leaves do not have leaf stalks. They are a rounded oval shaped and folded together. They are 5 mm long.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

Bultosa, G., et al, 2020, Plant-based traditional foods and beverages of Ramotswa Village, Botswana. Journal of Ethnic Foods (2020) 7:1

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/378ebd31-5281-4e99-ad68-42bc9659280e