PLANT FACT SHEET

Teucrium scorodonia Linn.

GENUS *Teucrium* **FAMILY** Lamiaceae

COMMON NAMES Wood Sage, Wood germander

EDIBLE PARTS AND USES

Edible parts: Herb, Flavouring

It is very bitter and is used as a substitute for hops for flavouring ale.

DESCRIPTION

A small shrub. It is hairy and has underground stems or rhizomes. It grows 50-60 cm high. It spreads 45 cm wide. The leaves are oval or triangle shaped. They are woolly. The flowers are cream or yellow and in loose clusters up to 15 cm long.

HABITAT

It is a temperate plant. It grows in open woods and rocky places. It can be on sand dunes. It needs a well-drained soil and protected, shady position. It is resistant to drought and frost tender. It suits plant hardiness zone 6-10. Tasmania Herbarium. In Hobart Botanical gardens.

PRODUCTION

Cultivation

It can be grown by cuttings.

NOTES

Possibly only medicinal. There are about 300 Teucrium species.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/37a41a5d-f0de-4dd4-b1ef-5e09bf78d2ec