PLANT FACT SHEET

Mesembryanthemum aitonis (Jacq) N. E. Br.

GENUS *Mesembryanthemum* **FAMILY** Aizoaceae

COMMON NAMES Marygold, Sea spinach

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb or low shrub. The stems can be erect or trailing. The stems and branches are angular. The stems are tinged with red. The leaves are opposite or alternate on the branches. The leaves are oval or spoon shaped. They are 1-4 cm long and 0.5-3 cm wide.

HABITAT

A subtropical plant.

NOTES

Also put in the family Mesembryanthemaceae.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/37ba8efd-ef87-471c-a192-4fe56fab307d