PLANT FACT SHEET

Antidesma montanum Blume

GENUS *Antidesma* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The ripe fruit are eaten. The fruit are eaten raw but are sour. They are used for pickles.
The young leaves are used in curries.

DESCRIPTION

A shrub or small tree. It is erect and open branched and the twigs are dull brown and slender. The leaves are many and oblong. They are paler green underneath and smooth and shiny clear on top. The leaves are in 2 rows. They are narrowly oval. The male and female flowers are in groups but the female ones are larger. The fruit are small, egg shaped and red when ripe. They finally turn black. They are crowned by a style.

HABITAT

It is a tropical plant. In Sikkim it grows between 300-900 m above sea level. They are widely found throughout the Philippines. It grows near streams. In China it grows in forests along rivers between 100-1,500 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

Harvesting and Seed Production

In Sikkim fruit are available December and January.

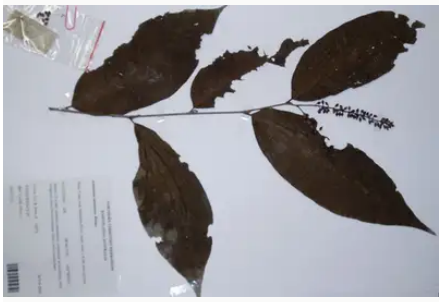
NOTES

There are about 100-170 Antidesma species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

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