PLANT FACT SHEET

Ephedra trifurca Torr. ex S. Watson

GENUS *Ephedra* **FAMILY** Ephedraceae

COMMON NAMES Longleaf jointfir

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The dried twigs and stems are used for tea.

DESCRIPTION

A shrub.

HABITAT

It is a subtropical or warm temperate plant. It grows in arid places.

NOTES

There are about 40 Ephedra species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/37f1a359-e65b-4def-837a-82aecaad8e4c