PLANT FACT SHEET

Capparis spinosa subsp. rupestris (Sm.) Nyman

GENUS *Capparis* **FAMILY** Capparaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are pickled and then used in salads.

DESCRIPTION

A small shrub. It can have hanging branches 3-4 m long.

HABITAT

It is a Mediterranean climate plant. It can grow up to 2,000 m above sea level.

REFERENCES

Ferns, Plants For a Future.

Pieroni, A., et al, 2024, Isolated Mediterranean foraging: wild greens in the matrifocal community of Olympos, Karpathos Island, Greece. Journal of Ethnobiology and Ethnomedicine (2024) 20:98

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/37f8d03a-bf28-4d35-b535-0898acbd216f