PLANT FACT SHEET

Sorbus decora (Sarg.) Schneid.

GENUS *Sorbus* **FAMILY** Rosaceae

COMMON NAMES Showny mountain ash

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - spice

The fruit can be eaten raw or are cooked in preserves, jams etc. They taste best after a frost.

DESCRIPTION

A tree that loses its leaves. It grows 10 m tall. The fruit can be 1 cm across. They are produced in dense clusters. They are orange-red.

HABITAT

It is a cool temperate plant. It is hardy to hardiness zone 2.

NOTES

They have health benefits.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/37fb177d-6a46-4b21-a027-d4e03780ea1f