PLANT FACT SHEET

# *Utricularia vulgaris* L.

**GENUS** *Utricularia* **FAMILY** Lentibulariaceae

**COMMON NAMES** Greater Bladderwort, Water bladder wort

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Root

The root is eaten.

## DESCRIPTION

A herb. It keeps growing from year to year suspended in water. It has underwater stems which are narrow and divided. It has very thin stolons or runners. The bladders are 0.5 cm across and amongst the leaves. The leaves are narrowly oval and 3-5 cm long by 2-6 mm wide. The flowers are rich golden yellow. They are in groups of 6-8 on long stems above the water.

## HABITAT

It is a temperate plant. In China it grows in ditches and rice fields from 100-3500 m altitude in northern regions. It needs good sunlight. In Sichuan.

## PRODUCTION

### Harvesting and Seed Production

It is slow growing.

## NOTES

There are about 200-215 Utricularia species. They trap and digest insects.

## PICTURES



Credit: Food Plants International (Bruce French)

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/38046655-794c-41eb-993b-a9c8bbd48ed0