PLANT FACT SHEET

Sonchus asper subsp. glaucescens (L.) Hill, Jordan Baill

GENUS *Sonchus* **FAMILY** Asteraceae

COMMON NAMES Spiny sow thistle

EDIBLE PARTS AND USES

Edible parts: Stems/Roots, Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It takes 2 years to complete its life cycle.

HABITAT

A temperate plant. It can grow in arid places.

NOTES

The plant in Tasmania is probably Sonchus asper.

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