PLANT FACT SHEET

Lathyrus odoratus L.

GENUS *Lathyrus* **FAMILY** Fabaceae

COMMON NAMES Sweet pea

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten boiled and seasoned with oil and salt and pepper. They are used in omelettes and stews.

DESCRIPTION

An annual herb. The stem is hairy and winged. The leaves are compound with two leaflets. These are 2-6 cm long by 7-30 mm wide. There are 1-3 flowers in a group. They can be white, pink, purple or blue.

HABITAT

It is a temperate climate plant.

REFERENCES

Flora of Pakistan. www.eFloras.org

INFOODSUpdatedFGU-list.xls

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 472

Kew Plants of the World Online

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 114

Zizka, G., 1991, Flowering Plants of Easter Island. Palmarum Hortus Francofurtensis

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3867e02d-2fa4-41dc-887f-5eb20e192604