PLANT FACT SHEET

Uniola paniculata L.

GENUS *Uniola* **FAMILY** Poaceae

COMMON NAMES Sea oats

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are cooked and eaten as a cereal.

DESCRIPTION

A grass. It keeps growing from year to year. It has a creeping rootstock and stout stems. It forms clumps 1-3 m tall. The leaf blades are 25 cm long and 2 cm wide. They taper towards the tip. The tips are slender and curl. The flower spikes are in clusters forming a nodding panicle 20-40 cm long. The seeds are flattened.

HABITAT

It is a tropical plant. It grows on sand dunes just above the high tide level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/38a1bbaf-14d0-4b70-ae4d-60cca23007b3