PLANT FACT SHEET

Lantana rugosa Thunb.

GENUS *Lantana* **FAMILY** Verbenaceae

COMMON NAMES Bird's Brandy, Small lantana

EDIBLE PARTS AND USES

Edible parts: Fruit, Pod, Leaves

The pod is eaten raw. The fruit are ground and mixed with sour milk.
Used for flavouring food.
The leaves are cooked and eaten.
Caution: The leaves contain alkaloids.

DESCRIPTION

An erect shrub. The stems and leaves have a smell. It grows up to 1.8 m high. The leaves are rough. The flowers are pink. They are clustered at the ends of stems. The fruit are purple.

HABITAT

It is a subtropical plant. It grows in hot arid regions with a marked dry season. It grows in well drained sandy soils. It grows between 30-2,160 m above sea level. It can grow in arid places.

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