PLANT FACT SHEET

Astrocaryum huaimi Mart.

GENUS *Astrocaryum* **FAMILY** Arecaceae

COMMON NAMES Chontilla

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil, Fruit, Palm heart

The fruit can be eaten fresh and also used for juice.

DESCRIPTION

A palm. It grows 10 m tall. It can have several stems in a clump. There are 6-13 leaves 3.5 cm long and these have 33-72 leaflets on each side. The flowering shoots are among the leaves and point upwards. There are 100-300 fruit in a group. The fruit are oval. They are 3-5 cm long.

HABITAT

It is a tropical plant. It grows on regularly flooded sandy soils. It suits cold hardiness zone 10b.

REFERENCES

Physical-chemical, nutritional and antioxidant properties of tucumã (Astrocaryum huaimi Mart.) fruits. Semina: Ciências Agrárias, Londrina, v. 39, n. 4, p. 1517-1532, jul./ago. 2018

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/38f53750-d5c7-4c9d-9917-ceb0829f9c5a