PLANT FACT SHEET

Gentiana crassa subsp. rigescens (Franch. ex Hemsl.) Halda.

GENUS *Gentiana* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled. They are used as a fermenting agent.

DESCRIPTION

A small shrub. The leaves are opposite and oval and 1-2 cm long.

HABITAT

It is a temperate plant. In Yunnan. It grows between 2,100-4,500 m above sea level.

NOTES

Medicine - the root has anti-inflammatory properties.

REFERENCES

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10 (As Gentiana rigescens)

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39 (As Gentiana rigescens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/38f7bc17-a402-4b5d-89ce-d7553fdc1cf1