PLANT FACT SHEET

Heinsia zanzibarica (Bojer) Verdc.

GENUS *Heinsia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It grows 5 m tall. The young shoots are covered with pale brown hairs. The leaves are 5-15 cm long by 3-6 cm wide. They taper to the tip and are rounded at the base. The flowers are in groups at the ends of the branches. The flowers are white and have a green tube 2-3 cm long. The fruit are 6-9 mm long by 8-9 mm wide. The seeds are 1.5 mm long and an irregular shape.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

East African Herbarium records, 1981,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 170

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/38fc9fda-a826-41f6-863f-6723d5aeb0d0