PLANT FACT SHEET

Cetraria crispa

GENUS *Cetraria* **FAMILY** Parmeliaceae

COMMON NAMES Cetraria

EDIBLE PARTS AND USES

Edible parts: Lichen

The lichen was used to flavour soups.

DESCRIPTION

A lichen.

HABITAT

It grows in temperate places.

REFERENCES

Kuhnlein, H. V. and Turner, N. J., 1991, Traditional Plant Foods of Canadian Indigenous Peoples. Food and Nutrition in History and Anthropology Volume 8. Gordon and Breach. p 22

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/391de218-1fd3-413f-8263-493a352a2cb0