PLANT FACT SHEET

Marattia weinmanniifolia Liebm.

GENUS *Marattia* **FAMILY** Marattiaceae

COMMON NAMES Donkey's hoof, Mountain maize, Mountain potato

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

The rhizome or root it roasted or boiled and eaten.

DESCRIPTION

A fern. It has a short fleshy rhizome. The leaves are 1-2 m long.

HABITAT

It is a tropical plant.

REFERENCES

Mapes, C. & Basurto, F., 2016, Biodiversity and Edible Plants of Mexico. Chapter 5 in R. Lira, et al. (eds.), Ethnobotany of Mexico, Ethnobiology, Springer. p 110

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3972d77c-deb2-4c9c-9542-8201308e3994