PLANT FACT SHEET

Pueraria candollei Wall ex Bentham

GENUS *Pueraria* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Tubers

DESCRIPTION

A creeper or climber. It has a tuberous rootstock. This can be 15 cm long and 6 cm wide. The stems are woody and twining. They can be 12 m long,

HABITAT

It is a tropical plant. It suits the wet tropics.

NOTES

There are about 20 Pueraria species.
It probably contains estrogens. Medicine,

REFERENCES

F. A. W. Miquel, Pl. jungh. 2:235. 1852

PROSEA handbook Volume 9 Plants yielding non-seed carbohydrates. p 179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3973f58f-9ae0-4472-bcbc-c098d0382f94