PLANT FACT SHEET

Habenaria xanthochlora Schltr.

GENUS *Habenaria* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

DESCRIPTION

An orchid. It grows 40-50 cm tall. The stems are leafy and the leaves are sword shaped and 6-10 cm long by 1-3.5 cm wide. The flowering shoots are 10-20 cm long. There are many flowers in a dense group. The flowers are green outside and yellow inside. The tubers are oval and 1.5-2.5 cm long by 8-15 mm wide.

HABITAT

It is a tropical plant.

REFERENCES

Challe, J., et al, 2009, Endangered edible orchids and vulnerable gatherers in the contxt of HIV/AIDS in the Southern Highlands of Tanzania. Journal of Ethnobiology and Ethnomedicine 5:41

Hamisy, W. C., 2007, Development of Conservation Strategies for the Wild Edible Orchid in Tanzania. National Plant Genetic Resources Centre. Arusha, Tanzania. p 12

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/39a9e2b6-1815-4424-bafd-b1e92f272f4e