PLANT FACT SHEET

Nageia nagi (Thunb.) Kuntze

GENUS *Nageia* **FAMILY** Podocarpaceae

COMMON NAMES Broad-leaved podocarpus, Asian bayberry

EDIBLE PARTS AND USES

Edible parts: Leaves, seeds - oil

The seeds yield an edible oil.
The young leaves are eaten boiled.

DESCRIPTION

A shrub or tree. It grows to 20 m tall. The trunk can be 50 cm across. The bark is reddish brown. It peels in small thin flakes. The branches can be spreading or hanging. The leaves are opposite. The leaf stalks are twisted at the base. The leaf blade is 2-9 cm long by 0.7-3 cm wide. It is leathery. The male and female cones are separate. The cones are in the axils of the leaves. They can be single of in groups of up to 10. The female cones are round with bluish-green round seeds. These are 12 mm across.

HABITAT

It is a warm temperate plant. It grows in evergreen broad-leaved and oak forests in dry mountain sides and along streams. It grows from 200-1200 m altitude in S China. It suits hardiness zones 8-10.

PRODUCTION

Cultivation

Plants are easily grown from seed.

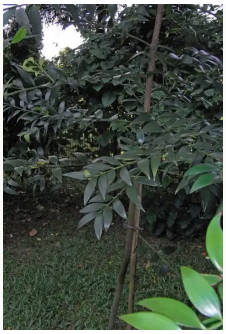
NOTES

There are 12 Nagia species.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3a2d2bca-fe7b-498b-9850-162e31b01a74