PLANT FACT SHEET

Persicaria filiformis (Thunb.) Nakai.

GENUS *Persicaria* **FAMILY** Polygonaceae

COMMON NAMES Jumpseed, Slender knotweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The tender shoots are eaten raw or cooked.

DESCRIPTION

A herb. It is upright and forms clumps. The stems are red. The leaves are narrow and oval. They have dark red marks across the centre of the leaf. The flowers are small and pink or red.

HABITAT

It is a temperate palnt.

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 642 (As Tovara virginiana var. filiformis)

Thothathri, K., & Pal, G.D., 1987, Further Contribution to the Ethnobotany of Subansiri District, Aranchal Pradesh. J. Econ. Tax. Bot. Vol. 10 No. 1 pp 149-157 (As Tovara virginiana var. filiformis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3a6aca9a-d4bf-4522-a987-0f43b1599acb