PLANT FACT SHEET

Carlina involucrata subsp. cyprica Poir., Meusel et Kastner

GENUS *Carlina* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

They are boiled and eaten.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 20-28 Carlina species.

REFERENCES

Della, A., et al, 2006, An ethnobotanical survey of wild edible plants of Paphos and Larnaca countryside of Cyprus. J. Ethnobiol. Ethnomed. 2:34

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3a6bccf1-0493-481b-aa9b-48554c85b0f3