PLANT FACT SHEET

Parietaria hespera D. B. Hinton

GENUS *Parietaria* **FAMILY** Urticaceae

COMMON NAMES Tomari, Rillita

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plant is eaten.

DESCRIPTION

A small herb. It grows about 0.5 m long. It can form a mat. The leaves are 2 cm long and arranged alternately. The flowers occur in a cluster in the axils of the leaves.

HABITAT

It is a tropical plant. It grows in dry shrubland or desert.

REFERENCES

Yetman, D., 2002, The Guarijios of the Sierra Madre: Hidden People of Northwestern Mexico. University of New Mexico Press. p 228

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3af04ace-c01d-4ebe-aed1-33297e649e37