PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Tuber not edible.

Bomarea involucrosa (Herb.) Baker

GENUS *Bomarea* **FAMILY** Alstroemeriaceae

DESCRIPTION

A plant that has an underground tuber and stems that curve over. They can be 3 m tall. The leaves are narrow and erect. The flowers are in a cluster at the end of the branches. They are pale green.

HABITAT

It is a subtropical plant. It grows between 3,200-4,600 m above sea level.

REFERENCES

Alva-Alvarado, I. M., et al, 2023, Wild plants for food in the Andes. Research Square. p 30

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3af1ac99-5024-4c48-bd5f-622e780d496f