PLANT FACT SHEET

Chenopodium giganteum G. Don.

GENUS *Chenopodium* **FAMILY** Amaranthaceae

COMMON NAMES Goosefoot, Tree spinach

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Vegetable

The leaves are used as a potherb. The young leaves are fried.

DESCRIPTION

A large annual herb. It grows up to 3 m tall. It spreads to 90 cm wide. The leaves are triangle shaped. The leaves are 15 cm long. The shoots are much branched. They have a purple tip. The flower clusters are purple. The seeds are 1.5 mm across and black.

HABITAT

It is a warm temperate plant. It is native to northern India. It suits hardiness zones 8-11.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions.
Also put in the family Chenopodiaceae.

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