PLANT FACT SHEET

Carlina hispanica Lam.

GENUS *Carlina* **FAMILY** Asteraceae

COMMON NAMES Carline thistle

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves are eaten raw.
The young stems are eaten raw after removing the leaves.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climate plant. It grows in marshes.

NOTES

There are about 20-28 Carlina species.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b105e63-afc5-4c03-bf1c-773ac3c7dd7e