PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Fumaria indica (Haussk.) Pugsley

GENUS *Fumaria* **FAMILY** Papaveraceae

COMMON NAMES Indian fumitory

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

An annual herb. It grows up to 25 cm high. The leaves are 3-10 cm long and 2-5 cm wide. It is divided into lobes.

HABITAT

It is a subtropical plant. It grows as a weed in fields.

PRODUCTION

Harvesting and Seed Production

Leaves are available in the winter season in Rajasthan in India.

NOTES

There are about 60 Fumaria species. It is used in medicines. It contains alkaloids.

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