PLANT FACT SHEET

Hydrocotyle benguetensis Elmer

GENUS *Hydrocotyle* **FAMILY** Araliaceae

COMMON NAMES Stop bleeding herb

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are gathered and eaten.

DESCRIPTION

A creeping herb. It keeps growing from year to year. The stems are slender and much branched. They develop roots at the nodes. The leaves are alternate or in clusters. They are round or kidney shaped. They are 1-3 cm across and have 3 deep lobes. These have teeth and are hairy. The leaf stalks are 2-10 cm long. The flowers are small and white. They are in groups on single stalks in the axils of leaves.

HABITAT

It is a subtropical plant. It grows beside slow moving streams at about 1,800 m above sea level.

NOTES

Also put in the family Apiaceae.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 599

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b3b1412-f8fc-4ddc-8692-9dbba0bfc3e3