PLANT FACT SHEET

Salvia glutinosa L.

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Hardy sage, Jupiter's distaff, Yellow sage

EDIBLE PARTS AND USES

Edible parts: Leaves - flavour, Flowers

The leaves are used to give flavour to country wines.
The leaves and flowers are eaten in salads.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 134

http://www.botanic-gardens-ljubljana.com/en/plants

Redzic, S. & Ferrier, J., 2014, The Use of Wild Plants for Human Nutrition During a War: Eastern Bosnia (Western Balkans). Chapter 9 in A. Pieroni, C. L. Quave (eds.), Ethnobotany and Biocultural Diversities in the Balkans,Springer Science

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b4639fd-314b-4ef5-80fc-207a4d3cb493