PLANT FACT SHEET

Orbea variegata (L.) Haw.

GENUS *Orbea* **FAMILY** Apocynaceae

COMMON NAMES Star flower, Carrion flower

EDIBLE PARTS AND USES

Edible parts: Stem, Fruit

The stem and the fruit are eaten as a snack.

DESCRIPTION

A small succulent plant that forms clumps 5-20 cm across. The stems are 2.5-10 cm long and 5-10 mm thick. They are green with purple to brown mottling. .

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 25

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b5e9e32-c37d-42e4-8dfc-223c9f80c7ac