PLANT FACT SHEET

Smilax elastica Grisebach

GENUS *Smilax* **FAMILY** Smilacaceae

EDIBLE PARTS AND USES

Edible parts: leaves

The young leaves are used as a vegetable. They are eaten raw or cooked.

DESCRIPTION

A climber or woody vine. The leaves are narrowly oval.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

REFERENCES

da Cruz Alves, Thiago, 2020, Plantas Alimentícias Não Convencionais (PANC) da Travessia Teresópolis - Petrópolis, Serra dos Órgãos, RJ / Thiago da Cruz Alves. - Rio de Janeiro, 2020. p 33, 99

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b8ec368-ae67-4f36-aa45-8cb5845b1667