PLANT FACT SHEET

Spiraea cantoniensis Loureiro

GENUS *Spiraea* **FAMILY** Rosaceae

COMMON NAMES Reeves spiraea, Hemp-leaved spiraea, Mayflower

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The young shoots with flower buds are dried for tea.

DESCRIPTION

A shrub. It grows 1-2 m high. The small branches are brown. The leaves are almost round and 2-3 cm long and wide. There are teeth along the edge. The leaves often have 3 lobes. They are bluish-green underneath. The flowers are white. There are in a dense group on short branches.

HABITAT

It is a temperate plant. It is native to China. It grows between 200-300 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 464

Kew Plants of the World Online

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3b98f56e-4991-4a58-b1bf-1091f67e0120