PLANT FACT SHEET

Scepocarpus hypselodendron (Hochst.) T.Wells & A.K.Monro.

GENUS *Scepocarpus* **FAMILY** Urticaceae

COMMON NAMES Norroi

EDIBLE PARTS AND USES

Edible parts: Stem, Leaves

DESCRIPTION

A woody creeper. It climbs over trees. It can climb 30 m high. The stems can be 30 cm across. The bark is rough and soft. There are roots along the stem. It has stinging hairs. It has lots of clear sap. The leaves are 10-18 cm long by 7-13 cm wide. They are oval. The base is round and there is a short tip. There are fine teeth along the edge. The flowering stalks are 4-18 cm long. They have stinging hairs. The fruit is small, dry and one seeded. It is 1 mm long.

HABITAT

It is a tropical plant. It climbs over rocks and grows in rough places in West and East Africa. It grows in mountain rainforest. It suits humid locations. In southern Africa it grows between 1,450-2,150 m altitude.

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