PLANT FACT SHEET

Myrianthus serratus (Trecul) Benth. & Hook .f.

GENUS *Myrianthus* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Nuts, Fruit, Seeds, Leaves, Seeds - oil, Vegetable

The fruit is eaten.
The kernel of the seed is cooked.
The young leaves are eaten cooked.

DESCRIPTION

A shrub or tree. It grows 20 m high. The fruit are 2.5-4 cm across. They occur as a cluster in a head of up to 7 fruit. They only have a small amount of edible flesh.

HABITAT

A tropical plant. It grows in forest and along streams in West Africa.

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