PLANT FACT SHEET

Onobrychis caput-galli (L.) Lam.

GENUS *Onobrychis* **FAMILY** Fabaceae

COMMON NAMES Cock's head, Cockscomb sainfoin

EDIBLE PARTS AND USES

Edible parts: Seeds, Pods, Fruit

The fresh soft seeds are eaten raw.

DESCRIPTION

A bean herb. It takes 1 or 2 years to complete its life-cycle. The leaves have leaflets along the sides. The pods are spiky.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3ca090e8-2d21-4deb-a2dd-8cb1f47d7ea7