PLANT FACT SHEET

# *Castanopsis inermis* (Lindley ex Wallich) Benth. & Hook. f.

**GENUS** *Castanopsis* **FAMILY** Fagaceae

## EDIBLE PARTS AND USES

**Edible parts:** Nuts

The nuts are roasted or boiled then eaten.

## DESCRIPTION

A tall evergreen tree. It grows 30 m tall. The leaves are narrowly oval and 7-23 cm long by 3-9 cm wide. The base is rounded and they taper to the tip. The leaf stalks are softly hairy. The seeds or nuts are triangle shaped. The nuts are in a case which does not have spines. It is 25 mm across.

## HABITAT

A tropical plant. It grows in secondary forests at about 800 m above sea level.

## NOTES

There are about 120 Castanopsis species. Many have edible nuts.

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