PLANT FACT SHEET

Wahlenbergia androsacea A. DC.

GENUS *Wahlenbergia* **FAMILY** Campanulaceae

COMMON NAMES Hare-bell

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a spinach.

DESCRIPTION

An annual herb. It loses its leaves. It grows up to 55 cm tall. It has a white taproot. The leaves are 3-13 cm long by 1-2 cm wide. They are flat and narrowly sword shaped or spoon shaped. The flower arrangements are short, broad and almost flat-topped. They are on branched stalks. The fruit is a round capsule with 3 chambers.

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