PLANT FACT SHEET

Stachys tymphaea Hausskn.

GENUS *Stachys* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Tea

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Ulian, T., et al, 2020, Unlocking plant resources to support food security and promote sustainable agriculture. Plants, People, Planet. 2020;2:421–445.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3d28172e-7dca-45a9-8166-01bdb3dd31a3